

Write about what has changed because of the quarantine so far and what should change after it. You can use one of the suggestions in the boxes below.



**SOCIAL  
ACTIVITY:  
DEBATE!**

**Role E: We should go back to the "old normal"**  
You think the "old-normal" was almost perfect and few things should really change.

<p><b>Role A – Working From Home</b> You think working from home is the most important change we need to make. Tell the others three reasons why. Tell them why their things aren't as important. Also, tell the others which is the least important of these (and why): more exercise, less driving or more cooking.</p>
<p><b>Role B – More Exercise</b> You think more exercise is the most important change we need to make. Tell the others three reasons why. Tell them why their things aren't as important. Also, tell the others which is the least important of these (and why): working from home, less driving or more cooking.</p>
<p><b>Role C – Less Driving</b> You think less driving is the most important change we need to make. Tell the others three reasons why. Tell them why their things aren't as important. Also, tell the others which is the least important of these (and why): more exercise, working from home or more cooking.</p>
<p><b>Role D – More Cooking</b> You think more cooking is the most important change we need to make. Tell the others three reasons why. Tell them why their things aren't as important. Also, tell the others which is the least important of these (and why): more exercise, less driving or working from home.</p> <p>5/21/2020</p>

The quarantine has changed the way that people live. First, people are working from home and for many workers it's a good thing because they can be more productive. Instead of waking up and crossing the city to work, they are waking up later and starting work rested.

Second, another thing that has changed is eating habits. People are improving their culinary skills and testing new recipes. On the other hand, others prefer to order food on delivery and not cook a lot at home, so there was an increase in the use of applications like Ifood and Rappi. These applications have been useful because they facilitate people's daily lives and prevent them from leaving the house unnecessarily. Also, everyone is feeling more lonely, and the internet is being responsible for shortening the distance and bringing people together. Although this works very well, there are still people who are feeling more depressed and anxious due to social isolation.

When all this is over, many things won't be as before. I think people should slow down their lives. Some companies have already announced that they will allow staff to work from home even after the pandemics, like Twitter. Besides that, I think that people will place more value to life, enjoying every moment and the company of the beloved ones. They will realize that the most important thing is health and that without it nothing else is done.